



Retiree Newsletter

November/December 2019

Volume No. 272

Judy Francis, Editor

SmilinJudyFrancis@gmail.com

Calendar of events

Wait! What? It's the holiday season already?

Yes, it's the holiday season! Time to see old friends and make some new ones! Come to the PGE Retiree Annual Holiday Luncheon on Thursday, Dec. 5, at the Monarch Hotel in Portland.

This year you have a choice of three menus — a green salad with rolls and butter and your choice of either beef pot roast, garlic mashed potatoes and string beans or grilled chicken breast, garlic mashed potatoes and string beans or a vegetarian stir fry. Dessert will be marionberry-swirl cheesecake with whipped cream.

All that for only \$12 per person (including tips).

Watch your mailbox for your invitation and reservation form. Then fill out the form, enclose your check made out to "PGE Retirees, Inc." and send them both to Ed Miska, 745 3rd Street, Lake Oswego, Oregon, 97034. Ed must receive your reservation by no later than Saturday, Nov. 30.

See you there! And Happy Holidays!



Wait! What do you mean it's almost 2020?!

Open Enrollment with Via Benefits

As you know by now, PGE is transitioning the administration of their health care plans for retirees (see Page 3). Here is some basic information about enrolling in a PGE-sponsored health plan for 2020:

- **If you are 65 years or older and you are:**
 - Currently enrolled in a PGE-sponsored plan, your open enrollment dates are Tuesday, Oct. 15–Tuesday, Dec. 31.
 - Not currently enrolled in a PGE-sponsored plan, your open enrollment dates are Tuesday, Oct. 15–Saturday, Dec. 7.
 - Information: 1-866-228-2046; 5 a.m.–6 p.m. Pacific Time; <https://my.viabenefits.com/pge>
- **If you are younger than 65:**
 - Your open enrollment dates are Friday, Nov. 1–Saturday, Dec. 7.
 - Information: 1-866-228-2033, 5 a.m.–6 p.m. Pacific Time; www.marketplace.viabenefits.com/PGE

A PGE **website**, Life After Your Career at PGE, at www.portlandgeneral.com/retiree was created just for retirees with information, updates, contact links and phone numbers for these transitions.

Events

Date	Event and Location
Tuesday, Nov. 19, and Wednesday, Nov. 20	Holiday Craft Bazaar, World Trade Center
Thursday, Dec. 5	Annual Retiree Holiday Luncheon, Monarch Hotel, Portland <i>(Invitations will be mailed well in advance.)</i>

Calendar of events, con't.

Bowling

Date	Location/Cost	Contact
Wednesdays at noon (and every first and third Wednesday through May)	Kellogg Bowl, 10306 SE Main St, Milwaukie \$7 per bowler for three games, free shoe rental, and you get a chance to win a \$5 prize!	Al Richardson, alrbjr@bctonline.com , 503-518-8600

Blood drive

Date	Location	Contact
Wednesday, Nov. 6, 8:00 a.m.–1:30 p.m. 2020 Wednesdays: Feb. 12, June 3, Aug. 26 and Nov. 4	2WTC Plaza Conference Room 121 SW Salmon St, Portland	Denise Baldwin, Denise.Baldwin@pgn.com , 503-464-7206

Your commitment to the blood drive truly makes a difference. At the last drive, we registered 49 total donors, collected 51 pints of blood and recruited six first-time donors who helped fill some missing blood types. Your donations boost the community blood supply and ensure hospital patients have the lifesaving blood they need. Thank you.

Check out the American Red Cross website at www.redcross.org for information about giving blood.

Volunteering

(See Page 8 for more information)

Date/Time	Event/Location	Sign Up/Contact
Saturday, Nov. 9, and Sunday, Nov. 10, full or partial days	ChickTech Portland High School Kickoff Portland State University Engineering Building 1930 SW 4th Ave, Portland	After you sign up in myCommunity , email Nathan Spear at nathan.spear@chicktech.org to confirm your volunteer shift time.
Saturday, Dec. 15, 8– 11 a.m.	Jingle Bell Run 121 SW Salmon St, Portland	Sign up in myCommunity . See more information at https://www.arthritis.org/oregon/ .
Saturdays throughout the school year (mentors who meet with at least one student)	Minds Matter Program (Portland) Mentors plus volunteers who support the program through grant writing (they will train you), lunch support, fundraising events and test prep coordinators.	www.mindsmatterportland.org

President's corner

By Stan Chiotti

Even though as I write this it is only October, I'm going to talk about the December Holiday Luncheon for retirees! By the time you read this, you should receive your invitation soon. Your response and your \$12 will get you a good time and a good meal at the Monarch Hotel on Thursday, Dec. 5. Visit with new and old friends between 11 a.m. and noon. Then food will be served followed by a short, fun meeting. I hope to see you there and that you have a great holiday season.



PGE Retiree Benefit Transitions

By Anne Mersereau, PGE Vice President of Human Resources, Diversity, Equity & Inclusion?

Over the last few months, PGE has been looking at ways to improve some retiree benefit programs. We discovered that our retirees were looking for more flexibility, control and choices, so we are implementing several changes to the administration of some retiree programs. **Most of these affect nonrepresented retirees and the retirees from Coyote Springs, Port Westward and Carty, although a couple of the new processes will affect represented retirees from IBEW 125 as well.** I have tried to recap some of the information from the retiree benefit meetings we held in Portland in September and the program transitions coming to you in 2020. As the transitions progress, you will continue to receive information that affects you.



The meetings introduced the overall transition as well as the partners for our retiree benefit programs. Thank you to those of you who were able to attend for your participation and for your insightful questions. It is always fun to get together with former co-workers and hear the stories of working at PGE and how you have served our customers and community.

Meeting opening comments

We took the opportunity to set the stage for the changes that are happening in our industry by looking back at “PGE Through the Decades” and then looked forward by discussing PGE’s three imperatives for the future: Decarbonize, Electrify, Perform. I strongly urge you to learn more about PGE’s vision at www.fullcleanfuture.com; there is a lot going on at PGE and in the utility industry. PGE has an exciting future ahead and a solid legacy and foundation that you, our retirees, helped to build from which we will all move forward and get to a clean energy future together.

Reasons for Transition

I feel that it is very important for you to understand why PGE is making these transitions, so we covered three main points:

- **Flexibility:** PGE is limited in the number and types of plans offered in the current group plan offering. The individual marketplace has grown, expanded and improved over the years and now offers many more plan options. These options allow you greater flexibility in selecting a plan to better match your lifestyle.
- **Control:** PGE previously selected the plans that would be offered to our nonrepresented retirees and controlled the available choices. With the individual

marketplace, plan selection is in your hands, giving you control over which plan is right for you.

- **Expertise:** Via Benefits, a health plan coordinator, is a market leader in this field. Their licensed, trained (and noncommissioned) USA-based representatives fully understand health plans for both “65 and older” and “younger than 65” age groups. By using advanced analytic tools, they can help you understand the true and total cost of health care and are better able to assist you in making better plan choices for you.

Health Care Plans

PGE is partnering with Via Benefits to administer retiree health plans. Open Enrollment this year for 2020 features a broader selection of plans to choose from and better online tools. Via Benefits advisors are available with expanded service hours to help you no matter where you may live.

IBEW 125 represented retirees: This does not affect you. There will not be a change in your health care options and BeneSys will continue to administer your retiree health care plan.

PGE Company Contribution and Health Reimbursement Accounts

In addition to administering health plans, Via Benefits will also provide the services to reimburse the

company contribution (CCA), sometimes referred to as a Defined Dollar Benefit (DDB), as well as the Health Reimbursement Arrangement (HRA). If you participate in a CCA/DDB or HRA, this partnership allows you to take advantage of automatic reimbursement for eligible health care expenses and makes the process as convenient and seamless as possible.

IBEW 125 represented retirees: This does not affect you. There will not be a change in your CCA/ DDB and/or HRA process, and Optum will continue to administer your accounts.

Your Pension: Administration, Deductions and Distribution

This applies to all PGE retirees who receive a monthly pension, both represented and nonrepresented.

PGE pension payroll currently deducts authorized health and insurance premiums from many of your pension checks to pay for some health plans and/or optional life insurance. Beginning in January 2020, PGE is partnering with Northern Trust/Aon to manage pension administration and distribution so PGE will no longer be administering pension checks. Beginning with your first pension check in 2020, your pension checks will be:

- Administered and distributed by Northern Trust/Aon.
- On the same schedule as they are now; the timing of the checks will not change.
- The gross amount of your pension, with only taxes deducted. **IMPORTANT! If PGE Payroll was deducting insurance benefits from your pension**

check, you will now be responsible to pay those providers directly.

PGE will continue to back and fund the pension fund and will transfer all the banking information for automatic direct deposits and mailing addresses for physical checks and remittance.

Life Insurance: Basic and Optional

This applies to all retirees, represented and nonrepresented.

Beginning in January 2020, you will have direct access to MetLife, the insurance company that provides the basic life insurance that PGE pays for and all retirees receive, as well as the optional life insurance, which some of you elected to continue when you retired. Direct access means that you will be able to directly correspond with MetLife, check on your current level of coverages and change beneficiaries.

Ongoing Communication

PGE and our partners, Via Benefits, Northern Trust/ Aon and MetLife, will be sending you updates and communications with more specific details on these transitions. Make sure you open your mail from these groups. This is a time of transition for you and our partners. They are here to support you throughout this process. Please reach out to them whenever you have a question or concern.

Thank you again for all you did, and continue to do, to serve our customers and Oregon communities and build PGE!

2019 Retiree Board Meeting:
Monday, Dec. 9, 9:30 a.m.
at the
Oregon City Service Center, Conference Room
209 Warner Milne Rd
Oregon City OR 97045

All retirees, spouses and significant others are welcome to attend.

Retiree get-togethers

These groups meet at various places to enjoy each other's company and sometimes food. If you go, take a photo! Post it on the retiree Facebook page and/or send it to SmilinJudyFrancis@gmail.com to include in the newsletter. Remember to include when and where the photo was taken and the names of the people having a good time!

Arizona sunbird? Going to be in Arizona this winter? Let's get together! Contact **Sue Johnsen** at suejohnsen@msn.com or **Lynda Tatum** at bltatumaz@msn.com.



Kate Davis, Jerry Todd, Dean Smith, Deb Schallert, Evelyn Todd, Russ Hickman gather at Maplewood Coffee and Tea. Fabulous photo taken by Terry Clelen

Location of retiree get-togethers	Time	Date
Retired union employees: Union Hall 17200 SE Sacramento (off 182nd Avenue)	11:30 a.m.	Fourth Monday of every month; potluck
Elmer's 9660 SE Stark Street NEW LOCATION!	8:30 a.m.	First Tuesday of even-numbered months
PGE Retiree Travel Group Shore Side East Clubhouse 1400 SE Lava Drive, Milwaukie	10:00 a.m.– noon	Tuesday, Oct. 8 Contact: Deb Schallert, 503-706-0745
Black Bear Diner 237 SW 4th Street, Madras	8:30 a.m.	First Wednesday of each month; contact Dave Gibson, 503-708-8364 , for information
Village Inn Columbia River Hwy, St. Helens	9:00 a.m.	First Wednesday of each month
Elmer's Restaurant 390 SW Adams Street, Hillsboro	9:00 a.m.	Every Wednesday
Retired Customer Service employees: Wichita Bar and Grill 19140 Molalla Avenue, Oregon City	9:00 a.m.	First Thursday of each month
Maplewood Coffee & Tea 5206 SW Custer Street, Portland	9:00 a.m.	Fourth Thursday of every month; contact Terry Clelen at 503-853-3861 or Roger Gibson at 503-330-3213
Guest House 4850 Portland Road NE, Salem	7:30 a.m.	Every Thursday
McDonald's 17555 SW Farmington Road at the Farmington Mall, Aloha	9:30 a.m.	Every Thursday
J's Restaurant 2017 Portland Road, Newberg	11:30 a.m.	Second Friday of every month

Golf

By John McLain

The 2019 golf season for PGE retirees was a wonderful series of four golfing events — well attended, full of golf, fun and social good times. We had four events at unique and beautiful settings — Lewis River in Woodland (Washington), Florence, Charbonneau and Wildwood.

Several ideas have been suggested for 2020, including Wildhorse Golf Course near Pendleton, a course in the Columbia Gorge area, one or more of the great courses near Bend, Stone Creek in Oregon City, a “couples tournament” at Charbonneau in Wilsonville and a return to Lewis River in Washington. If you would like to host a golf event, contact me.

Not a golfer? You are welcome to join our excursions to just ride along or join us at the end of the event for some food, beverages and good company with old friends.

There has been lots of support from the PGE retiree board, and I look forward to a great series of events next year.

Join the other retirees (63 and counting) on the golf list and stay informed of golf plans for 2020! Just send me your email at john@mclainco.com.



Retirements

August

- James Carver, staff design project manager (43 years)
- John Esler, principal environmental science specialist (38 years)
- Conrad Eustis, principal product development (33 years)
- Allan Warman, senior key customer manager (14 years)

September

- Kenneth Carlson, specialist designer (13 years)
- Rebecca Brown, senior financial analyst (12 years)
- Jerry Liggett, field connect representative (31 years)
- Matthew Richard, senior transmission & market services analyst (38 years)
- Kimberlie Zerba, executive assistant (27 years)

October

- Gary Kaplan, plant electrician (22 years)
- Floyd Mullett, senior balancing authority specialist (38 years)

Remembering colleagues

August

- Gary Bairt
- John Gibbs

September

- Robert Clayton
- Robert Hungerford
- Bob Lee
- Richard Linger
- Joseph Sweet
- Raymond Thygesen

October

- Carl Bell
- Ruby Constans
- Kay Powell
- Elizabeth Vilhauer



Remembering colleagues, con't.



A Portland State University scholarship fund benefitting the PSU Disability Resource Center has been established in the memory of a former PGE colleague, Lisa Goddard.

Lisa, who passed away at age 58 last year, was an inspiration to the people she worked with during her 31 years at PGE and a strong advocate for the inclusion of people with disabilities. In establishing the first scholarship exclusively for students with disabilities, Lisa's family believes that helping other students with disabilities more fully participate in campus life and learning best captures Lisa's spirit. The Disability Resource Center currently serves over 2,000 students, and the fund can help with services not covered by state funding, including housing, transportation, personal care attendants or personal mobility devices. The scholarship is broadly written so that students who apply can define what accessibility means to them. To fund this scholarship in perpetuity requires raising \$54,000 by March 2021.

If you are interested in contributing, follow the steps below:

- Login to [myCommunity](#).
- Click on **Donate Now**.
- Click on **Registration ID**.
- Type in **93-0619733**.
- Click on **Portland State University Foundation**.
- Click on **Make a New Donation**.
- Click on **Credit Card**.
- Click on the **amount** you wish to donate or type it in.
- Click on the drop-down arrow in the **Add a Designation (Optional)** window and select **Other**.
- In the window that now appears to the right of Other, type **5511022-50**.
- Click on **Add to My Cart**.
- Continue following the prompts until checkout.

Volunteering

ChickTech Portland High School Kickoff

Portland State University Engineering Building
1930 SW 4th Avenue, Portland

Saturday Nov. 9, and Sunday, Nov. 10, full or partial days

ChickTech's High School program kicks off with two days of hands-on workshops where 150 girls are mentored by industry and academic professionals. Volunteers are needed to help to set up, register students, assist with the workshop and various other needs. Full-day or partial-day volunteer opportunities on either date are available.

Sign up in [myCommunity](#) and then email Nathan Spear at nathan.spear@chicktech.org to confirm your volunteer shift time.

Jingle Bell Run

World Trade Center
121 SW Salmon St, Portland

Sunday, Dec. 15, 8–11 a.m.

The Arthritis Foundation's Jingle Bell Run is the original festive race for charity. It's where you can strut your stuff in your favorite holiday costume and get to feel good about doing good. Jingle all the way to a cure — and have a fantastic time every step of the way. Join the PGE team of friends, family and co-workers to run or walk. One hundred percent of your registration fee and fundraising go to a great cause! For more info, go to <https://www.arthritis.org/oregon/>. Sign up in [myCommunity](#).

Volunteering, con't.

Minds Matter Program, Portland

Minds Matter is a not-for-profit organization whose mission is to transform the lives of accomplished high school students from low-income families by broadening their dreams and preparing them for college success. High school students enroll in the Minds Matter program as sophomores and spend three years completing rigorous academic coursework, receiving mentoring from two professionals, attending college summer programs at leading universities and receiving expert guidance on the college admissions process. Throughout the school year students meet with tutors in the morning for test prep tutoring and with mentors in the afternoon.

They are looking for mentors who meet with at least one student on Saturdays throughout the school year, as well as those who can support the program through

grant writing (they will train you), lunch support, fundraising events and test prep coordinators. Check them out at www.mindsmatterportland.org.

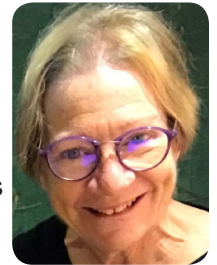
Volunteer with SMART and Start Making a Reader Today!

Volunteer for one hour per week beginning in October through mid-May in the SMART programs throughout the Portland area, Salem, Hillsboro, Forest Grove and McMinnville. Read one on one, be a mentor and help pre-K to third-grade children become confident readers! An average program year consists of 26 one-on-one reading sessions.

Learn more about SMART and how to get involved by calling 971-634-1628, emailing metro@getsmartoregon.org or going to their website at www.getsmartoregon.org.

Judy's Jottings

Tis' the season of changes! Changes here, changes there, changes everywhere! Changes at PGE. Changes for PGE retirees. Changes in health plans. However, PGE still believes that PGE retirees are an important group, so they and the members of your new Retiree Transitions Committee are working together to develop strategies and solutions to some of the challenges presented by all the changes. The Transitions Committee members are Stan Chiotti, Terry Judkins, Ed Miska, Barbara Beck, John McLain, Jim Den, Norby Chartrey and your current newsletter editor.



And speaking of changes, Dale Ritter, the long-time HR liaison to the retiree board, retired in October. We will miss him in that role, but we hope to see him at future board meetings and at events as an official fun-loving retiree!

Yes, change can sometimes be challenging, but PGE retirees are resilient and intelligent and know how to have fun! So we will figure things out, enjoy the holidays and welcome the new year!

Things to remember

Medicare Scams

People offer all sorts of things they claim are covered by Medicare but really aren't. They do it to get your Medicare number. Then they use your number to commit identify theft and fraud (billing Medicare for procedures that are not covered, like free genetic screenings). If Medicare denies the claim, you or your beneficiary could be responsible for the entire cost! They target you through telemarketing calls, health fairs, emails and even knocking on doors.

So be smart! Don't share your Medicare number, Social Security number or other personal information with anyone other than your doctor's office.

Things to remember, con't.

PGE's Retiree Facebook Group

The PGE Retiree Facebook Group (now more than 200 members) is simply the best way to stay current and connected with other retirees and events. It's a closed group, so even though anyone can see the group and who runs it, **only members can see who's in it and what they post.** To join:

1. **Go to your Facebook page.** If you aren't a member, go to www.facebook.com, and follow the instructions to join.
2. **Click on Groups** in the menu on the left.
3. Enter **PGE Retirees** in the search bar at the top.
4. **Select the group.**
5. **Click on + Join Group** below the cover photo.
6. **Wait for our Facebook administrators** (and gurus) Dana and Mark Lander to respond.
7. **Congratulations!** You are now a member of the Facebook PGE Retiree Group!

Have questions? Need help? **Contact Mark at landerm@comcast.net.**

If you don't want to be on Facebook, the other best way to find out about retiree events is to **send your email address to Terry Judkins.**

Brighten the day of a retiree!

Barbara Beck, our Sunshine Chair, sends cards to retirees and spouses who aren't feeling well, have suffered a personal loss or have a birthday, anniversary or a special occasion. We don't share names because of privacy concerns, but Barbara still sends them.

If you would like someone to receive a card, contact **Barbara Beck** at **503-775-9236** or barbarab4488@gmail.com.

Have you moved recently? Have a new phone number?

If so, make sure PGE knows so that you and your family (or beneficiaries) don't miss important information. Contact **HR Connect** at **503-464-7250** or HR.Connect@pgn.com.

Stay Safe on the Road

When it comes to road safety, senior drivers get a bad rep. But according to the AAA, drivers in their mid to late 80s have lower crash rates per mile driven than drivers in their early 20s! However, we do face unique challenges, including slower reaction times, reading road signs and the side effects of medications.

For tips on staying mentally and physically safe on the road, check out <https://seniordriving.aaa.com>.

PGE Retiree Medical Assistance Program

This PGE Retiree program provides financial assistance for out-of-pocket medical expenses not covered by insurance or Medicare to help any qualified retiree or surviving spouse. Requests are handled with strict confidentiality.

For more information, call **Tom Kreis, Medical Assistance Program Chair**, at **503-645-2754**, or **Barbara Beck**, **503-775-9236**.

PGE's Retiree Matching Gift Program

This great program is now available year-round; you don't have to remember dates. The program includes a 50% match for personal contributions up to \$2,000 annually to eligible schools and nonprofits. You can contribute directly to your favorite charity, and then request a match, making your dollars get to the charity more quickly with no third party in the middle. How? You can:

- Pay online at **myCommunity** by credit or debit card, and submit a match request when you submit your online payment.

OR

- **Donate directly** to your charity by check or with a credit or debit card. When you get your confirmation receipt, upload it into myCommunity and request a match.

For more information, call **YourCause** at **866-751-6031** or email mypgcommunity-support@yourcause.com.

**PGE RETIREE BOARD MEMBERS
(2019)**

1.	Barbara Beck	503-775-9236
2.	Barbara Bergmans	503-730-7903
3.	Tom Berquam	503-556-3501
4.	Norby Chartrey	503-357-2614
5.	Stan Chiotti	503-397-0805
6.	Jim Den	503-667-0127
7.	Judy Francis	503-481-0166
8.	Lee Greene	503-656-5270
9.	Ted Handris	503-518-1182
10.	Linh Huynh	503-328-7915
11.	Darlene Judkins	503-655-2863
12.	Terry Judkins	503-655-2863
13.	Tom Kreis	503-645-2754
14.	Mark Lander	503-691-6853
15.	Al Maynard	503-654-4149
16.	Mike McFall	503-266-0528
17.	John McLain	503-799-2527
18.	Ed Miska	503-636-6052
19.	Phyllis Miska	503-636-6052
20.	Allen Richardson	503-518-8600
21.	Jim Rodman	503-407-6053
22.	Jerry Swertfeger	503-464-6261
23.	Pat Thompson	541-806-4897
24.	Steve West	503-518-3128

EMERITI

1.	Chick Colby	503-573-2096
2.	Doris Davids	503-636-2385
3.	Russ Bailey	203-708-8650

COMMITTEE CHAIRPERSONS

Luncheons (annual)	Ed Miska	503-636-6052
Blood drives	Stan Chiotti	503-397-0805
Bowling	Al Richardson	503-518-8600
	Al Maynard	503-654-4149
Auditor (budget)	Norby Chartrey	360-357-2614
Facebook	Mark Lander	503-691-6853
Golf	John McLain	503-799-2527
Tours and events	Terry Judkins	503-655-2863
Medical Assistance Fund	Tom Kreis	503-645-2754
	Barbara Beck	503-775-9236
Meeting arrangements	Stan Chiotti	503-397-0805
Newsletter	Judy Francis	503-481-0166
Picnic	Ted Handris	503-518-1182
Retiree website	Linh Huynh	503-328-7915
Sunshine	Barbara Beck	503-775-9236

RETIREE BOARD OFFICERS

President	Stan Chiotti	503-397-0805	244 Shore Dr, St. Helens OR 97051
Vice President	Terry Judkins	503-655-2863	145 Glacier St, Oregon City OR 97045
Recording Secretary	Darlene Judkins	503-655-2863	145 Glacier St, Oregon City OR 97045
Corresponding Secretary	Barbara Beck	503-775-9236	
Treasurer	Ed Miska	503-636-6052	745 3rd St, Lake Oswego OR 97034